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SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title; RED CROSS STANDARD FIRST AID

Code No MED 102-0

Program DEVELOPMENTAL SERVICES WORKER

Semester: SECOND

r Date JANUARY 1985

Author: GERRY PAGE

New

Revision:

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APPROVED: \_\_\_\_\_ .X  
ve\t \t \t Chairperson

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Date

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**COURSE DESCRIPTION:**

An intense study and practicum on life-saving techniques using first aid. Students will learn what to do, and what not to do, should an accident or injury occur.

**COURSE GOALS:**

Upon completion of the course the student will demonstrate the following:

- 1) Knowledge of Red Cross Services and aims of First Aid.
- 2) Knowledge of and ability to competently utilize the correct procedures at the scene of an accident.
- 3) Ability to prevent further injury and/or ease pain.
- 4) Have a clear understanding of the legal aspects of first aid.

**LEARNING RESOURCES:**

Required Text: Red Cross First Aid Manual

See instructor for the manual.

Films will be used in conjunction with the above text.

Students will be expected to participate in practical role-playing demonstrations.

**SYLLABUS:**

Week 1: Introduction to First Aid

Resuscitation and Artificial Respiration

Severe Bleeding, Poisons

Unconsciousness, Heart Attacks, Stroke, and Head Injuries

Handling and Moving and Preparing for Transportation (Spinal Injuries)

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Handling Spinal Injuries

Arm Slings, Knots

Bone and Joint Injuries

Week 2: Care of Fractures, Upper and Lower Extremities

Heat and Cold Injuries

Other Injuries, Wounds and Conditions

Triangular Bandaging

Summary of 3 Priorities, and Self-Protection

Practice of Accident Situations and Self-Evaluation

Review

Final Exam

^EVALUATION:

Students must attend all classes and must attain 80% on a written exam and 80% on practical exams.

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